



HHOMM Spa

Aromatherapy is a skilled controlled use of essential oils for physical and emotional health and well-being. It's a natural system that assists the body's natural ability to balance, regulate, heal and maintain itself.

Aromatherapy helps restore the body's natural resistance to viruses, infections and fatigue. It's helpful for stress related conditions, nervous tension, insomnia, muscular aches and pains.

Aromatherapy has a powerful effect through our sense of smell. Simply by inhalation essential oils illicit an immediate olfactory response and they are readily absorbed into the bloodstream

In our aromatherapy range we use only the purest, highest quality.

TREATMENTS

Traditional Thai massage

This traditional art of massage will help reduce stress, improve circulation, increase energy and flexibility.

60 min 800 Bht

90 min 1200 Bht

Papaya and pineapple facial

Anti-oxidant and skin calming

The fruit enzymes reduce wrinkles and nourish the skin.

It accelerates the formation of new skin cells and exfoliate the skin.

This anti-oxidant treatment replaces vital trace elements that are leached out by pollution and the sun.

60 min 1200 Bht

Head, neck, back & shoulders

This is the quickest way to relief stress and inner body tension

60 min 800 Bht



Foot reflexology

It is the physical act of applying pressure to the feet with specific techniques based on a system of zones in the feet with a premise that it effects a physical change to the body

60 min 1000 Bht

Manicure

600 Bht

Pedicure

700 Bht

Steam room

Use before massage or other treatment

30 min 600 bht

Body scrub

A body scrub is the best way to keep you skin healthy and beautiful through exfoliation.

Coconut scrub

Experience the natural nourishing properties of coconut that leave your skin naturally enriched, moisturized, soft and glowing.

Fabulous to remove patches of dryness and sun exposed skin.

Mangosteen scrub

A gentle fine body scrub to exfoliate your body after bathing.

This anti-aging scrub is recommended for all skin types.

40 min 1500 Bht

Body wrap

Rejuvenate your tired and damaged skin with a body aloe vera wrap.

Coconut wrap

This rich cream works in conjunction with the natural chemicals of the skin to support tissue healing and repair. It softens and tones the skin and boosts the circulation to repair dry, tired skin

Aloe vera after sun gel wrap

This gel replaces lost moisture and calms down inflamed and red skin after exposure to the sun.

40 min 1500 Bht

Oil Massage

This gentle massage will for sure relax you. It's a good source of physical and mental well-being in a stress full and hectic lifestyle.

Jet lag oil

Helps to calm and uplift emotions, alleviate tiredness, relieve headaches and insomnia, balances the body clock and reinforces the immune system

Relax oil

*Counteracts stress and relieves fatigue and depression.
This oil regulates the nervous system and corrects poor circulation.*

Coconut oil

*It has been described as the healthiest oil on earth. It acts as an effective moisturizer on all types of skins including dry skin.
It strengthens the immune system.*

Jasmine oil

It's well known for it's exotic flower aroma. It serves as the best remedy against anxiety, headache, cough, depression, labor pains and sensitive skin.

Lemon grass oil

It has great benefits as a muscle and skin toner and revitalizes the body and mind. It relieves muscle pains by making the muscle more supple. It helps with correcting poor circulation and as an insect repellent.

<i>60 min</i>	<i>1100 Bht</i>
<i>90 min</i>	<i>1600 Bht</i>